

IMPROVING BREAST FEEDING IN GUERNSEY

Mrs. Ann Lomax

Health Visitor, Community Practice Teacher, Guernsey

This paper presents information about the breastfeeding practice in Guernsey for the three years 1992-1994. Comparisons are drawn with the UK figures (1990). Attention is focused on the prevalence and duration of breastfeeding. Initiatives aimed at health gain in this important area are outlined. Changes in breast feeding practice are described and future directions are indicated.